### WHAT IS MEANT BY "COMPETITIVE RACE"

The competitive race involves measuring time and placing it in a ranking.

The athletes participating in the Competitive Race will start in front of the others and will wear a bib equipped with a chip that records the time from the start to the finish line. The path is a distance of 10 km certified and is measured by the official FIDAL measurers and the event is included in the national calendar.

#### WHAT YOU NEED TO PARTICIPATE IN THE COMPETITIVE RACE

### REGISTRATION FOR ATHLETES OF ITALIAN OR FOREIGN NATIONALITY WITH RESIDENCE IN ITALY

Italian and foreign athletes who have one of the following requirements can participate:

- 1) Athletes registered for 2024 with sporting associations affiliated to FIDAL belonging to the categories Juniores/Promesse/Seniores/Master M/F (born before 31 December 2008)
- 2) Athletes born before 31 December 2004 in possession of Runcard Fidal\*
- 3) Athletes born before 31 December 2004 in possession of Runcard Eps\*
- \* We remind you that athletes in possession of Runcard Fidal or Runcard EPS must always also present a medical certificate of competitive fitness specific for athletics issued by a doctor in Italy, valid on 12/05/2024

Pursuant to FIDAL regulations, PARTICIPATION IN THE RACE IS NOT ALLOWED WITH ONLY A COMPETITIVE MEDICAL CERTIFICATE OR WITH ONLY A CARD OF A PROMOTIONAL SPORTS ORGANIZATION (such as Uisp, Aics, Acsi, Asi, Endas etc)

### **ITALIAN ATHLETES RESIDING ABROAD**

Italian athletes residing abroad who are, or who will turn 18 in 2024, must possess one of the following requirements:

- Be registered with Foreign Athletics Federations, affiliated to World Athletics or IPC. In this case, they will have to send, at the time of registration a self-certification of membership (via e-mail to <a href="mailto:iscrive@bancariromani.it">iscrive@bancariromani.it</a>)
- Be a Fidal member through an affiliated sporting association.
- Be in possession of the RUNCARD FIDAL (in this case they must be over 20 years old) combined with a medical certificate of competitive fitness specific for athletics issued by an Italian doctor which must be shown to the organizers in original and kept, as a copy, in the sporting organizations' records.

The participation of Italian athletes residing abroad is not permitted without one of the requirements listed above.

## FOREIGN ATHLETES WITH FOREIGN RESIDENCE

Athletes who are, or who will turn 18 in 2024, of non-Italian nationality, with foreign residence must possess one of the following requirements:

- Be registered for 2024 with Foreign Athletics Federations affiliated with the World Athletics or IPC. In this case, they will have to send, upon registration, a self-certification of membership (via e-mail to iscrive@bancariromani.it)
- Be in possession of the RUNCARD FIDAL (from 20 years old) combined with a medical certificate that can be issued in your country, of the same requirements indicated by the Italian legislation: a) medical examination; b) complete urinalysis; c) electrocardiogram under rest and after effort; d) spirometry.

Foreign athletes who would like to participate for Tourist-Sports purposes can participate as "non-member foreign citizens", duly completing the liability waiver form and sending it to iscrive@bancariromani.it together with an identity document. To specify what is meant by "non-member foreign citizens", these will be placed in alphabetical order of arrival distinguished from the rankings of the competitive event and will

not be able to benefit from prizes in kind, in cash, value vouchers, bonuses, wages, or expense reimbursements of any kind.

#### HOW TO PARTICIPATE IN THE COMPETITIVE RACE Race for the Cure 2024

#### ALREADY REGISTERED ONLINE ON PAPER IN A TEAM OR AS INDIVIDUAL

Go to the website https://www.njuko.net/raceforthecure/select\_competition to get the bib with the Chip. Fill in all the fields, and to the question "Have you already paid?" enter the receipt number (in the case of team registration, also enter the team name) and in the "Enter your voucher" field during payment enter the code KOMEN24.

### **NEW REGISTRATION IN A TEAM OR INDIVIDUAL**

- 1. Go to the website https://www.raceforthecure.it/ enter your details and finalize the donation or fill out the paper registration form and make your donation through your contact person
- 2. Go to the website https://www.njuko.net/raceforthecure/select\_competition to get the bib with the Chip. Fill in all the fields, and to the question "Have you already paid?" enter the receipt number (in case of team registration, also enter the team name) and in the "Enter your voucher" field during payment enter the code KOMEN24.

For Fidal and Runcard registered athletes, the membership will be verified by the organizers Through the Fidal portal.

Athletes registered with Runcard will have to upload the competitive medical certificate for athletics to the website http://www.bancariromani.it/iscriveRaceForTheCure/ to validate and formalize their registration.

### NON-REGISTERED ATHLETES WHO WANT TO PARTICIPATE IN THE COMPETITIVE RACE

Non-registered athletes can request a FIDAL membership valid until 12/31/2024 via the GSBR at a cost of €25. To register, you must have a medical certificate for competitive activity, valid and specific for ATHLETICS.

For information on membership methods, you can visit the GSBRun website www.bancariromani.it or call 0657288029 or send a Whatsapp message to 351 721 4301.

#### **COLLECTION OF THE CHIP AND THE RACE BAG**

Competitive participants can collect their bibs and chips at the Race Village at Circo Massimo, at the stand reserved for competitive participants ONLY on Thursday 9th, Friday 10th and Saturday 11th May from 10am to 7pm.

For collection, you must present the colored (GREEN or PINK) REGISTRATION receipt (original and intact) issued with the payment, or the receipt of the PAYMENT made by bank transfer or postal order, or the online registration receipt (also via mobile phone).

RUNCARD members who have not uploaded the competitive medical certificate for athletics on the portal must show it in order to collect their bibs.

Those who have already collected the race bag and the non-competitive bib because they are part of a team, can collect the bib at the competitive stand by showing the coupon delivered together with the non-competitive bib.

For competitive athletes there is a bag deposit inside the Circus Maximus.

The organizers will not be held responsible for what is deposited, so please do not leave valuable items such as wallets, cell phones, etc.

# **REGISTRATION DEADLINE FOR SPORTING ORGANIZATIONS**

Sports clubs must send their lists to iscrive@bancariromani.it by Monday 6<sup>th</sup> May 2024. For individual participants, however, it is also possible to register for the Village Race at the Circus Maximus on opening days. Bibs and chips cannot be guaranteed for last minute registrations.

### **PRIZES**

The first 10 men and the first 10 women will be rewarded with various material prizes.

#### **COMPLAINTS**

Any complaints must be presented in compliance with the rules of FIDAL and the R.T.I.

Il Comitato Organizzatore si riserva di modificare il presente regolamento in qualunque momento per motivi che riterrà opportuni per una migliore organizzazione della gara, dopo averne dato comunicazione e ottenuto approvazione dalla FIDAL. Per quanto non previsto dal presente regolamento, valgono le norme tecnico statutarie della FIDAL e del G.G.G..

#### **FINAL WARNINGS**

The Organizing Committee reserves the right to modify this regulation at any time for reasons that it deems appropriate for better organization of the race, after having communicated any changes and obtained approval from FIDAL. For any issues not provided for in the present regulation, the technical statutory regulations of FIDAL and the G.G.G. will apply.

# FOR MORE INFORMATION

GSBRun iscrive@bancariromani.it Tel:06.57288029 www.bancariromani.it